



Pastoral Letter and Church Notices
ST. HELEN'S CHURCH, LOW FELL

28.04.2024

Fifth Sunday of Easter

Acts 8. 26 - end

1 John 4. 7 - end

John 15. 1-8

Collect

Risen Christ,
your wounds declare your love for the world
and the wonder of your risen life:
give us compassion and courage
to risk ourselves for those we serve,
to the glory of God the Father.

There will be no reflection until further notice.

Post Communion Collect

Eternal God, whose Son Jesus Christ
is the way, the truth, and the life:
grant us to walk in his way, to rejoice in his truth,
and to share his risen life;
who is alive and reigns, now and for ever.

Amen

A Prayer for Peace from Sanctuary Foundation

Lord God protector of widows and orphans, may you bring your comfort to every family and every child that is grieving, frightened or homeless because of the conflict in Israel and Gaza.

Jesus wonderful Counsellor, may you give the wisdom and grace to all who are working to find a peaceful resolution.

Spirit of peace may you change people's hearts and minds so this conflict can end quickly for your names sake.

Triune and Almighty God, help us to trust you at this time and serve you by showing compassion to all those around us.

Amen

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Safeguarding Statement

The Parochial Church Council is committed to creating and maintaining a safe and nurturing environment for everyone, especially for children, young people and vulnerable adults. It has adopted and approved the Church of England policy for promoting a safer church. This policy deals with all aspects of safeguarding children and vulnerable adults.

To discuss any safeguarding concerns relating to St Helens please contact either

- the Parish Safeguarding Churchwarden 07505105184
- the Parish Priest, Rev Yvonne Greener on 0191 4911317greener.yvonne@gmail.com

Concerns can also be raised with the Diocesan Safeguarding Advisor, Mrs Beth Miller - she can be contacted as follows: Address: Cuthbert House, Stonebridge, Durham DH1 3RY

Email: beth@bethmillerisw.co.uk or beth.miller@durham.anglican.org

Mobile: 07968 034075. For further information please also see the Diocese of Durham safeguarding pages: <https://durhamdiocese.org/category/safeguarding/>

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Worship and notices week beginning Sunday 28th April 2024 **Services and Prayer**

9.30am Eucharist at St. Helen's
Revd Canon Stephen Herbert presiding

12noon Eucharist at St Helen's Wednesday 1st May
Revd Jonathan Adams presiding

10.30am Eucharist each Sunday at Bensham and Teams St. Chad

All are welcome to join in worshipping at St.Helen's and St.Chad's, we hope to see you soon.

We will offer wafers and wine (optional) during the Eucharist and will, for the time being, stay in our places and share the Peace in non-physical ways.

There are services of morning and night prayer available on the website with attached readings and prayers. Alternatively, you may participate in worship with Songs of Praise BBC1 at 1.15pm or Morning Service with BBC Radio 4 at 8.10am.

Prayer and Evening Prayer

We usually meet each Wednesday, Friday and Sunday morning for morning prayer in church, you are welcome to join us from 8.45am, to begin at 9am, and at 3.45pm to begin at 4pm.

Vacancy - Sidesperson

We currently have a vacancy for a sidesperson at St Helen's. This would involve greeting members of the congregation, overseeing the seating and taking the collection. If anyone would like to take on the role please email the office office.sthelenschurch@gmail.com or speak to Tony Gunning or Helen Jones in church. Thank you.

Deanery visit by Durham Cathedral Choir to St Andrew's Lamesley 28th April at 3.30pm

On 28th April, at 3.30pm, the choir of Durham Cathedral will lead a Deanery Choral Evensong at St. Andrew's, Lamesley. The preacher will be Revd Canon Michael Hampel, Vice-Dean and Precentor. This is a good opportunity, if you are unable to travel to Durham Cathedral, to hear one of the premier English Cathedral Choirs. All welcome.

Safeguarding Training

'Thank you' to Elaine Gaddess for completing the Basic Safeguarding training to ensure children at Toddler group are protected. If any member of the congregation is interested in this training please let Helen Jones know.

St Helen's APCM meeting 19 May

St Helen's APCM meeting will be held on Sunday 19 May, in the church hall, from approx. 11.15am.



Upcoming exhibition: "Discover the Quran"

At the Islamic Diversity Centre, our mission is to foster understanding and promote dialogue among diverse communities. We believe in the power of education and mutual respect to build bridges between different faiths and cultures.

With this event, we aim to offer an enriching opportunity for individuals of all backgrounds to explore the beauty and significance of the Quran.

The exhibition will take place at the **Newcastle City Library**, located at 33 New Bridge Street, Newcastle upon Tyne, NE1 8AX, from 11 am to 3 pm on Saturday, **4th May 2024**.

We warmly invite you to join us for this exhibition, where you can immerse yourself in the teachings and wisdom of the Quran, engage in meaningful discussions, and connect with our dedicated volunteers. This gathering presents a platform for respectful dialogue and the celebration of our shared humanity.

The exhibition is **free**, and includes free refreshments, free Arabic calligraphy, and free henna art. No booking is necessary, but if you reply to confirm your attendance, we would be very grateful.
Islamic Diversity Centre

St Helen's Re-ordering – Project Name

Some of you will know that architect's plans to re-order St Helen's church, to include changes to the entrance, creation of a kitchen and toilet facilities, have been drawn up and a Faculty has been posted.

A fundraising committee has been set up to consider options for funds for the project. We would like your help to 'name' this community project. Please put forward your suggestions for a name that will stand the test of time either to Tony Gunning at church, or email: office.sthelenschurch@gmail.com

Please see attached update on this project

St Helen's Church Hall

A reminder that the church hall is available to hire for birthday parties/events on Sunday afternoons (also on Saturdays from 29 June), and we still have space for regular bookings (exercise classes, book club, craft activities etc) during the week. For further information contact : office.sthelenschurch@gmail.com

DATES FOR YOUR DIARY

Summer Fair 22nd June 1-4pm.

There is an opportunity to buy a table at £10 each from Lynn Oliver
Mob: 07902 648959 or email kevlynoliver58@outlook.com



FELLING MALE VOICE CHOIR *Tyneside A Cappella*

Felling Male Voice Choir & Tyneside A Cappella

An evening of
MUSIC

St Helens Church, Low Fell

SATURDAY 6TH JULY 2024 @ 7PM

St Helens Church, Low Fell NE9 6BR

TICKETS £8

For tickets please contact
Felling MVC - peter.george1946@gmail.com Peter Jones - 0191 4224203
Or tickets are also available on the door

Check out www.fmvc.org for more information

**Felling Male Voice Choir with
Tyneside A Cappella Concert
6th July at 7pm.**

Offers of help with refreshments welcomed.

Church Garden Afternoon Sunday 12th May 2pm to 4pm.

Come and help maintain the garden and the Willow Sculpture.

Thursday Luncheon Club at St. Chad's
Rawling Road Bensham

Thursday Luncheon Club Time 11am -1pm

Join us each Thursday for a freshly cooked two course lunch
Cost £5.

Tea, coffee and biscuits on arrival

Each week there is a quiz, coffee and a game of bingo.

A chance to meet people and enjoy different company

All are welcome

Contact Ron Bellinger 07847096709

Tuesday Drop in at St Chad's

**PLEASE NOTE – WARM SPACES AT ST CHAD'S IS CANCELLED UNTIL
OCTOBER**

Wednesday Drop in at St Helen's

Every Wednesday morning 9.30am-12.30am - there will be tea and coffee freely available and a warm welcome at St Helen's church hall for any who wish to come in for a cuppa and a chat, or who simply want a warm space to relax in for a few hours.

No need to be at home alone, you will be made welcome at St. Helen's. We are pleased to be part of Gateshead Council's Warm Spaces Charter.

There will be a variety of opportunities on offer for you to join in with if you come along to this Drop In.

Crafts

You are welcome to join us for crafts and projects in the Warm Space Drop In from 10am. each Wednesday in the hall Everyone is welcome.



Dear Supporters

This week 60 families/couples and 45 single people attended the Food Co-op (152 adults and 113 children). It was a steady session with many staying for refreshments including the popular soup. We welcomed several new families. A couple who we had supported many years ago before moving to Seaton Delaval prior to covid, called in today with their new baby and updated us on their accommodation, employment, and car. It was encouraging to see them after so long and to hear how well they had settled in the Northeast.

Donations were received from several local churches, a primary school, individual supporters and the Saltwell Park Run. Many thanks for all these generous donations and thanks to all who deliver them in time for the Tuesday session.

With the numbers remaining high, certain stock items are quite depleted. These include dried pasta, dried spaghetti, pasta sauce, tinned tomatoes, chickpeas and rice pudding.

With kind regards for your steadfast commitment

Kath

Our Christian Giving

We express our Christian Discipleship in part through the financial support of our Church Family. The life, work, witness, and ministry of our Parish costs £762.00 every week, our weekly income does not currently reflect this. If you value the witness, worship, and support that we offer please help us to enable this to continue by giving generously.

Forms to set up regular giving can be found near the church door or from

office.sthelenschurch@gmail.com

One-off donations can be deposited by electronic transfer to St Helen's bank account:

Sort code. 20-33-51 Account number 70684449 Account name. P.C.C. of St. Helen's or into the in-wall church deposit box, by the door. Thank you.

Intercessions Sunday 28th April 2024

Sick	Sick	Sick/Other needs
Maria Barrell	Frank Morton	Vicky
Hilda Branch	Amelia Grace	Sarah Hamilton
Mark Adams	Lesley Baister	Alice
	Robert Reay	Lena
Lucy	Aimee	Jake
Joan Huddleston	Felicity	Maryam
Jamie Lee Slassor	Margaret Clayton	Jana
David Watson	Charlotte Alice Lorraine	Sienna
Joan Eke	Maureen Gibson	Atila
Roger Barrell	Helen Preston	Niraj
Christine Lorraine	Alan Brownlee	Michael
Joyce Rowell	Denise Hagan	
Ann		
Recently Departed: Diane Dunwoodie		

Anniversary of Death

Fred Giles	Betty Gray	Isaac Jones
Brenda Harrison	Jim Edwards	Thelma Bennett
Arthur William Ure	Margaret Bowen Cowey	Michael Brian Low
Richard Loadman	Edmund Harrison	

Church

Please pray for our current Deanery vacancies, especially Bensham and Teams St. Chad.

Local Projects

Gateshead Care Homes

Bensham Food Co-op, Gateshead Food Bank, Oasis, Changing Lives

Kells Lane, Kelvin Grove and St Aidan's Primary schools.

St Helen's Website

Here is the QR code for St Helen's website.



Morning Prayer/Evening Prayer Readings – Sunday 28th April 5th Sunday of Easter

Day/ Date	Morning Prayer	Psalm	Evening Prayer
Sunday 28 th	Heb. 11. 32- ch12. 2	44. 16-end	Rev. 3. 1-13
Monday 29 th Catherine of Sienna, teacher, 1380	Luke 4. 38-end	145	1 Peter 1. 1-12
Tuesday 30 th Pandita Mary Ramabai, translator of scriptures, 1922	Luke 5. 1-11	19	1 Peter 1. 13-end
Wednesday 1 st May Philip and James, apostles	Jas. 1. 1-12	139	John 1. 43-end
Thursday 2 nd Athanasius, bishop of Alexandria, teacher, 373	Luke 5. 27-end	57	1 Peter 2. 11-end
Friday 3 rd	Luke 6. 1-11	138	1 Peter 3. 1-12
Saturday 4 th English saints and martyrs of the Reformation era	Luke 6. 12-26	146	1 Peter 3. 13-end