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Pastoral Letter and Church Notices

ST. HELEN'S CHURCH, LOW FELL

'At St Helen's church we believe that God's love is unconditional and meant for everyone. Whoever you are, and wherever you find yourself on the journey of faith, you are welcome here. We celebrate diversity in age, background, ability, race, gender and sexuality.'

08/11/2026

Remembrance Sunday

Readings

Wisdom 6.12-16

1 Thessalonians 4.13-end

Matthew 25. 1-13

The parable of the Ten Virgins



Collect

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O God of truth and justice,
we hold before you those whose memory we cherish,
and those whose names we will never know.
Help us to lift our eyes above the torment of this broken world,
and grant us the grace to pray for those who wish us harm.
As we honour the past,
may we put our faith in your future;
for you are the source of life and hope,
now and for ever.
Amen

Post Communion Collect

God of peace,
whose Son Jesus Christ proclaimed the kingdom
and restored the broken to wholeness of life;
look with compassion on the anguish of the world,
and by your healing power
make whole both people and nations;
through our Lord and Saviour Jesus Christ.
Amen

A Prayer for Peace

We pray to you O God
the lover of all for those whom we have named our enemies.
Deliver us from the hardness of heart that keeps us locked in confrontation.
Deliver us from the hatred that binds us in old ways.
Grant unto all your people the blessing of your love.
And grant unto us such transformation of our lives
that we make peace with our enemies
and that together we might make this world
a safer, kinder place for all.
In Christ's name we pray.
Amen.

Prayer for Renewal and Growth in Durham Diocese

Almighty God,
you are calling us as the churches of the Diocese of Durham
to renewed life, hope and vision:
take our worship and witness,
that, by the work of your Spirit,
many may come to faith in Christ.
So may you bless our congregation,
and bless our parish through the love and service of your living,
growing church of missionary disciples in this place;
through Jesus Christ our Lord.
Amen.

Safeguarding Contacts

To discuss any safeguarding concerns please contact either the Parish Safeguarding Churchwarden 07505105184

Concerns can also be raised with the Diocesan Safeguarding Advisor,

Mrs Beth Miller

Email: beth@bethmillerisw.co.uk or beth.miller@durham.anglican.org

Mobile: 07968 034075.

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St Helen's Church contacts:

Churchwardens: Helen Jones Mobile: 07505 105184

Tony Gunning Mobile: 07864 695115

Parish office: office.sthelenschurch@gmail.com

St Helen's Worship and Notices week beginning Sunday 8th November 2026 Services and Prayer



Sunday 8th November Remembrance Day Family Service of the Word at 10am, followed by brunch in the church hall with the Uniformed Organisations

Wednesday 11th November 12noon Eucharist
Revd Barry Abbott presiding

Sunday 15th November 9.30am Eucharist
Revd Norma Clee presiding

Wednesday 18th November St Helen's 12noon Eucharist
Revd Barry Abbott presiding

All are welcome to join in worshipping at **St Helen's** we hope to see you soon. There are services of morning and night prayer available on the website with attached readings and prayers. Alternatively, you may participate in worship with Songs of Praise BBC1 at 1.15pm or Morning Service with BBC Radio 4 at 8.10am, or on line each weekday and Sunday via Durham Cathedral worship online www.durhamcathedral.co.uk

Wednesday 11th November Low Fell's Armistice Day Service at the Boer War Memorial, Durham Road, at 11am Please arrive for 10.45am

Advent Course.

Revd Margaret MacKay will be running an **Advent course on Friday 27th November and the following three Fridays at 4pm in the church hall.** The course will focus on the Candles on the Advent Crown which are lit on the four Sundays before Christmas. All are welcome. **Please sign up on the sheet at the back of church so we have an idea of numbers or just come on the day.** No need to attend all four sessions. Any questions, please ask Helen Jones.

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Christmas Bags of Comfort and Joy

If you would like to donate to the bags of comfort and joy for Christmas, please bring items to the church hall on Wednesday mornings or contact Lynn on 07902 648959 **by 27th November**

Suggestions for items are:

Mens and Womens Toiletries (no toothbrushes, thank you) Chocolates
Socks Hats Scarves Gloves - for both men and women Puzzle Books
Mindful colouring Books Notebooks and pens
Thank you

Embrace the Middle East

As we no longer receive a hard copy of the magazine from Embrace the Middle East, please follow this link to read the newsletter and view other resources.

[Resources from Embrace — Embrace the Middle East]



We are delighted that Scott Slapin will join us for another free recital on Sunday 22 November from 2pm.

Donations to church projects would be gratefully received.

This will be followed by scones, cake, tea and coffee in the church hall @ £3 per person

Scott is recognised as one of the most prolific and technically formidable forces in the modern viola world. Celebrated by

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international publications, Scott is a virtuoso soloist and expressively lyrical composer.

PLEASE DO JOIN US

Pearl of Africa Choir

Sadly, we have been advised that the Choir have been unable to secure visas for their tour this autumn. To assist with fundraising, we have invited them to set up a craft stall at our Christmas Fair to assist with raising funds.

We are also holding a cake and coffee morning, 10am to 12noon, on Saturday 30th January 2027

If you would like to support their emergency appeal (hoping to reach a target of £100,000 by Easter 2027) this will significantly help to bridge the funding gap created by the cancelled tour. Here is the link to the Just Giving appeal: Emergency JustGiving Appeal



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Raffle prizes and cakes and bakes
for the stall would be very welcome. Thank you.

Wednesday Warm Welcome Drop In at St Helen's

Every Wednesday morning 10am-12noon - there will be tea and coffee freely available and a warm welcome at St Helen's church hall for any who wish to come in for a cuppa and a chat, or who simply want a warm space to relax in for a few hours.
No need to be at home alone, you will be made welcome at St. Helen's. We are pleased to be part of Gateshead Council's Warm Spaces Charter.
There will be a variety of opportunities on offer for you to join in with if you come along to this Drop In.

Crafts

You are welcome to join us for crafts and projects in the Warm Welcome Drop In from 10am. each Wednesday in the hall. Everyone is welcome.

St Helen's Toddler Group

St Helen's now has a thriving toddler group which meets every Friday afternoon from 1pm-3pm. It is very much appreciated by families, carers and, of course, the children.
Joan and others have helped this group to grow, offering a warm welcome and building relationships with all who come along.
We would really value more help for this group, if you might have a couple of hours to spare on a Friday afternoon and are interested to volunteer, please be in touch via email: office.sthelenschurch@gmail.com
Do please also remember the ministry to family and young people in your prayers.



Come and join us for
Coffee and Company at St Helen's Church Hall

Sundays from 10.30am to 12noon
Everyone is Welcome

Thursday Luncheon Club at St. Chad's Rawling Road Bensham
Thursday Luncheon Club Time 11am -1pm
Join us each Thursday for a freshly cooked two course lunch
Cost £6.50
Tea, coffee and biscuits on arrival
Each week there is a quiz, coffee and a game of bingo.
A chance to meet people and enjoy different company. All are welcome
Contact Ron Bellinger 07847 096 709

Support for those in Poverty

We are pleased that the congregation of St Helen's continues to make regular, generous donations to the Corpus Christi Food Co-op. Gillian Hunt regularly takes our donations to the Food Co-op and it would be great if we could all increase our donations. As we read every

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week, the need for free food is not going away and anything donated is greatly appreciated. **All donations should be left at the back of church on Sunday, Wednesday or Friday.**

Dear Supporters,

Please remember that there will be a short break over half term and the following week. We will be closed on the 27th of October and the 3rd of November. We will reopen for donations on Monday 9th of November and for the collection of food on the 10th.

THE PARISH GIVING SCHEME A BETTER WAY TO GIVE

Are you able to contribute financially each month to ensure our church's abiding presence in this place and enable our mission and ministry to continue and grow?
Many enjoy our free toddler group, our breastfeeding mum's group and our Wednesday warm welcome drop in. Your support is valued.
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The Church of England, in the Diocese of Durham, has a vision to Bless our Communities in Jesus's name for the transformation of us all. This means having a Christian presence in all our communities.
In turn, your church blesses our community by sharing our faith and values, in worshipping together in our wonderful buildings. For the Church to grow and plan for the future we rely on your regular gifts.
If you would like to consider joining the Parish Giving scheme, which runs as a monthly direct debit, please see **Tony Gunning Churchwarden**
QR CODES ON OUR WEBSITE AND A CHURCH NEAR YOU **St Helen's Low Fell Gateshead - A Church Near You**

Our Christian Giving

We express our Christian Discipleship in part through the financial support of our Church Family. The life, work, witness, and ministry of our Parish costs £762.00 every week, our weekly income does not currently reflect this.
If you value the witness, worship, and support that we offer please help us to enable this to continue by giving generously.
Forms to set up regular giving can be found near the church door or from office.sthelenschurch@gmail.com
One-off donations are always welcomed, no matter how big or small, and can be deposited by electronic transfer to St Helen's bank account: **Sort code. 20-33-51 Account number 70684449 Account name. P.C.C. of St. Helen's** or into the in-wall church deposit box, by the door. Thank you.

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Intercessions Sunday 8th November 2026

Sick	Sick	Sick/Other needs
Mark	Michael	Sarah
Lucy	Brian	Michael
Roger	Margaret	Maryam
Joyce	Tom	Sienna

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Ann	Les	Ian
Stan	Carole	John T
Niraj	Pauline	Rowan
John	Joe	Joyce
Valsa	Sharok	Linda
Ruth	Ali Hsami	Caroline
Jennifer	Kirsty	George
Joe	Elsie	
Jacqueline	Susan	

Anniversary of Death for week beginning 8th November 2026

Joyce Hepple	Jack Jopling	
Joan Pepper	Revd Canon Christopher Lionel Varley Atkinson	
Muriel Susan Snezson	Matthew Dodds	
Rose Neil		

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St Helen's Church - Monthly Diary November 2026

Sunday 8 November Remembrance Sunday Family Service of the Word 10am, with the Uniformed Organisations, followed by brunch in the church hall.

Wednesday 11 November Remembrance Service at the War Memorial on Durham Road, arrive for 10.45pm

Wednesday 11 November 12noon Eucharist *Revd Barry Abbott presiding*
Martin, bishop of Tours, c.397

Saturday 14 November St Helen's Christmas Fair 1-3pm in the church halls

Sunday 15 November All Saints Eucharist 9.30am. *Revd Norma Clee presiding*
Including a baptism at 11.30am Alexander James Kevin Taylor

Wednesday 18 November 12noon Eucharist *Revd Barry Abbott presiding.*
Hilde, abbess of Whitby, 680; Mechtild of Magdeburg, mystic, 1280

Friday 20 November Social and Pastoral Committee 11am in the church hall

Sunday 22 November Christ the King Family service at 10am. Followed by brunch in the church hall. *Revd Barry Abbott presiding*

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Sunday 22 November Scott Slapin recital 2pm in church followed by tea/coffee/scones and cake in the church hall. Everyone is welcome, there is no ticket charge, donations are welcome for church projects.

Tuesday 24 November Project 150 meeting 6pm in the church hall

Wednesday 25 November 12noon Eucharist *Archdeacon Katherine Bagnall presiding*
Catherine of Alexandria, martyr, 14th century; Issac Watts, hymnwriter, 1748

Friday 27 November Advent Course 4pm in the church hall

Sunday 29 November Advent Sunday Eucharist at 9.30am. *Revd Dorothy Snowball presiding*

Morning Prayer/Evening Prayer Readings – Sunday 8th November
3rd Sunday before Advent

Day/ Date	Morning Prayer	Psalm	Evening Prayer
Sunday 8th	1 Tim.2. 1-7	91	John 15. 9-17
Monday 9th Margery Kempe, mystic, c.1440	Rev. ch.5	20	Matt. 4. 23 to Ch.5 v. 12
Tuesday 10th Leo the Great, bishop of Rome, 461	Rev. ch.6	21	Matt. 5. 13-20
Wednesday 11th Martin, bishop of Tours, c.397	Rev. 7. 1-4, 9-end	23	Matt. 5. 21-37
Thursday 12th	Rev. ch.8	26	Matt. 5. 38-end
Friday 13th Charles Simeon, priest, 1836	Rev. 9. 1-12	32	Matt. 6. 1-18
Saturday 14th Samuel Seabury, Anglian bishop of North America, 1796	Rev. 9. 13-end	33	Matt. 6. 19-end

TO DONATE TO ST HELEN'S please follow this link:
St Helen's Low Fell Gateshead - A Church Near You

Here is the QR code for St Helen's church website

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To contact St Helen's church to book the church hall or for all enquiries please email: office.sthelenschurch@gmail.com

To make initial enquiries or book a baptism or a wedding please contact us on the above email address.