

Prayer to start your day

You may wish to light a candle and have some reflective music playing in the background.

Oh Lord open our lips

And our mouth shall proclaim your praise

1. O come let us sing to the Lord*

Let us heartily rejoice in the rock of our salvation

2. Let us come into his presence with thanksgiving*

And be glad in him with psalms

3. For the Lord is a great God*

And a great king above all gods

4. In his hand are the depths of the earth*

And the heights of the mountains are

his also

5. The sea is his, for he made it *

and his hands have moulded the dry land

6. Come let us worship and bow down*

and kneel before the Lord our Maker

7. For he is our God *

we are the people of his pasture and the sheep
of his hand

Psalm 95

**Glory to the Father and to the Son and to the
Holy Spirit**

**As it was in the beginning is now and shall be
for ever. Amen**

The night has passed, and the day lies open
before us

Let's pray with one heart and mind

A moment of silence to be still and centre our scattered thoughts

As we rejoice in the gift of this new day

So may the light of your presence set our hearts

on fire with love for you now and for ever

We join in prayer using words from the Psalms to help us

A psalm is read -Psalm 46 or see table

Glory to the Father, and to the Son and to the Holy Spirit

As it was in the beginning, is now and shall be forever

Reading for the day

Reflection on reading

Prayers

We conclude our prayers trusting God to help and guide us this day.

Our Father in heaven

Hallowed be your name

Your kingdom come

Your will be done

On earth as in heaven

Give us today our daily bread

Forgive us our sins

As we forgive those who sin against us

Lead us not into temptation

But deliver us from evil

For the kingdom, the power, and the glory

are yours, now and for ever.

Amen

The Lord bless us, and preserve us from all evil

And keep us in eternal life

Amen

Let us bless the Lord

Thanks be to God

