



*Pastoral Letter and Church Notices*  
**ST. HELEN'S CHURCH, LOW FELL**

21.06.2026

*Third Sunday after Trinity*

**Readings**

**Genesis 21. 8-21**

**Romans 6. 1b-11**

**Matthew. 10. 24-39**

**Collect**

God our saviour,  
look on this wounded world  
in pity and in power;  
hold us fast to your promise of peace  
won for us by your Son,  
our Saviour Jesus Christ.  
Amen

**Post Communion Collect**

O God, whose beauty is beyond our imagining  
and whose power we cannot comprehend:  
show us your glory as far as we can grasp it,  
and shield us from knowing more than we can bear  
until we may look upon you without fear;  
through Jesus Christ our Saviour.  
Amen

**A Prayer for Peace**

We pray to you O God  
the lover of all

for those whom we have named our enemies.

Deliver us from the hardness of heart that keeps us locked in confrontation.

Deliver us from the hatred that binds us in old ways.

Grant unto all your people the blessing of your love.

And grant unto us such transformation of our lives

that we make peace with our enemies

and that together we might make this world

a safer, kinder place for all.

In Christ's name we pray. Amen.

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**Safeguarding Contacts**

***To discuss any safeguarding concerns please contact either***

***the Parish Safeguarding Churchwarden 07505105184***

***Concerns can also be raised with the Diocesan Safeguarding Advisor,***

***Mrs Beth Miller***

***Email: [beth@bethmillerisw.co.uk](mailto:beth@bethmillerisw.co.uk) or [beth.miller@durham.anglican.org](mailto:beth.miller@durham.anglican.org)***

***Mobile: 07968 034075.***

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**St Helen's Church contacts:**

**Churchwardens: Helen Jones Mob: 07505 105184**

**Tony Gunning Mob: 0786 695115**

**Worship and notices week beginning Sunday 21st June 2026**

**Services and Prayer**

**St Helen's**

**Sunday 21<sup>st</sup> June 9.30am Eucharist**

*Revd Dorothy Snowball presiding*

**Sunday 28<sup>th</sup> June – no service**

Bishop Rick has given exceptional permission for St Helen's **not to have a service** on 28<sup>th</sup> June. This is due to being unable to find a priest to cover the service and several people wish to attend John Hinton's ordination at 10am at the Cathedral.

Tickets are not required for the service but you will need to arrive early.

There is a service at 10.30am at St Chad's if anyone would like to attend.

If you would like to attend the ordination and have spaces in your car, please offer them to other people who may like to attend. I know John will be thrilled that people from St Helen's are there to support him. *Helen Jones*

**Wednesday 24 June**  
**St Helen's Eucharist – NO SERVICE**

**Wednesday 1 July**  
**St Helen's Eucharist 12 noon - tbc**

**10.30am Eucharist on Sunday at Bensham and Teams,**  
**St. Chad's**

*Revd Barry Abbott presiding*

All are welcome to join in worshipping at St Helen's and St Chad's, we hope to see you soon. We will offer wafers and wine (optional) during the Eucharist and will, for the time being, stay in our places and share the Peace in non-physical ways.

There are services of morning and night prayer available on the website with attached readings and prayers. Alternatively, you may participate in worship with Songs of Praise BBC1 at 1.15pm or Morning Service with BBC Radio 4 at 8.10am, or on line each weekday and Sunday via Durham Cathedral worship online [www.durhamcathedral.co.uk](http://www.durhamcathedral.co.uk)

**Lay Assistants and Intercessors.**

We are looking for more volunteers to take on these important roles in our services. If you are interested please speak to one of the churchwardens.

**Embrace the Middle East**

As we no longer receive a hard copy of the magazine from Embrace the Middle East, please follow this link to read the newsletter and view other resources.

**[Resources from Embrace — Embrace the Middle East](#)**

**Visit by the Bishop of Durham**

The Bishop of Durham will attend the service at St Helen's on 20 September. Bishop Rick will meet the congregation, bless the new church doors and celebrate our 150<sup>th</sup> Anniversary. *Further details will follow*

**Summer Fair 13 June**

Over £565 was raised for the mission and ministry of the church. Thank you to everyone who purchased tables, organised the event and volunteered to help at the event and everyone who attended on the day.



**Saturday 20 June**  
**Grainger Singers at St Helen's Church from 7pm**

**Tickets £8 available**  
**on the door on the night**

**Raffle and Light Refreshments during the interval**  
Offers of raffle prizes would be much appreciated. Thank you

***We look forward to seeing you on Saturday!***

**Dates for Your Diary**

**Events in the church and church halls**

Monday 17 August Summer Fun Day for Children & Families 1-3pm

Weekend 11-13 September Wedding Dress Exhibition - timings tbc

Saturday 3 October Pre-Loved Table Top Sale 1-3pm

Sunday 22 November Performance by Scott Slapin from 2pm

*More details will follow*

**Wednesday Warm Welcome Drop In at St Helen's**

**Every Wednesday morning 10am-12noon** - there will be tea and coffee freely available and a warm welcome at St Helen's church hall for any who wish to come in for a cuppa and a chat, or who simply want a warm space to relax in for a few hours.

No need to be at home alone, you will be made welcome at St. Helen's. We are pleased to be part of Gateshead Council's Warm Spaces Charter.

**There will be a variety of opportunities on offer for you to join in with if you come along to this Drop In.**

**Crafts**

You are welcome to join us for crafts and projects in the Warm Welcome Drop In from 10am. each Wednesday in the hall. Everyone is welcome.



**Come and join us for  
Coffee and Company at  
St Helen's Church Hall**

**Sundays from 10.30am to 12noon.  
Everyone is Welcome**



### **St Helen's Toddler Group**

St Helen's now has a thriving toddler group which meets every Friday afternoon from 1pm-3pm. It is very much appreciated by families, carers and, of course, the children.

Joan and Elaine have helped this group to grow, offering a warm welcome and building relationships with all who come along.

We would really value more help for this group, if you might have a couple of hours to spare on a Friday afternoon and are interested to volunteer, please be in touch via email:

[office.sthelenschurch@gmail.com](mailto:office.sthelenschurch@gmail.com)

Do please also remember the ministry to family and young people in your prayers.

### **Thursday Luncheon Club at St. Chad's Rawling Road Bensham**

#### **Thursday Luncheon Club Time 11am -1pm**

Join us each Thursday for a freshly cooked two course lunch Cost £6.00

Tea, coffee and biscuits on arrival

Each week there is a quiz, coffee and a game of bingo.

A chance to meet people and enjoy different company. All are welcome

**Contact Ron Bellinger 078470967**



Dear Supporters,

Today 107 people representing 61 families/couples and 46 single persons came to the Food Co-op to choose food, clothes and household items (158 adults and 110 children). It was a very busy session with the café area buzzing whilst people stayed for refreshments and a

chat. We welcomed several new families who had recently arrived in our area and saw people who had not attended for a while.

We celebrated Refugee Week with extra treats for the volunteers at the beginning and at the close of the session. There was also an excellent selection of fruit and vegetables for all members. Events occurring in our local area were well publicised. The theme for this year's

Refugee Week is 'Courage', reflecting the immense resilience and strength required for those seeking sanctuary. As many of the current volunteers - and several from previous years - shared the stories of their journey for our 10th Anniversary, the theme this year is very pertinent.

Many thanks for all the donations we have received and for the volunteers who deliver the items to Corpus. It is very much appreciated. With thanks for your continued commitment

Kind regards,  
Kath

### **THE PARISH GIVING SCHEME A BETTER WAY TO GIVE**

Are you able to contribute financially each month to ensure our church's abiding presence in this place and enable our mission and ministry to continue and grow?

Many enjoy our free toddler group, our breastfeeding mums group and our Wednesday warm welcome drop in. Your support is valued.

The Church of England, in the Diocese of Durham, has a vision to Bless our Communities in Jesus's name for the transformation of us all. This means having a Christian presence in all our communities.

In turn, your church blesses our community by sharing our faith and values, in worshipping together in our wonderful buildings. For the Church to grow and plan for the future we rely on your regular gifts.

If you would like to consider joining the Parish Giving scheme, which runs as a monthly direct debit, please see **Tony Gunning Churchwarden**

**QR CODES ON OUR WEBSITE AND A CHURCH NEAR YOU [St Helen's Low Fell Gateshead - A Church Near You](#)**

### **Our Christian Giving**

We express our Christian Discipleship in part through the financial support of our Church Family. The life, work, witness, and ministry of our Parish costs £762.00 every week, our weekly income does not currently reflect this.

If you value the witness, worship, and support that we offer please help us to enable this to continue by giving generously.

Forms to set up regular giving can be found near the church door or from [office.sthelenschurch@gmail.com](mailto:office.sthelenschurch@gmail.com)

One-off donations are always welcomed, no matter how big or small, and can be deposited by electronic transfer to St Helen's bank account: **Sort code. 20-33-51 Account number 70684449 Account name. P.C.C. of St. Helen's** or into the in-wall church deposit box, by the door. Thank you.

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## Intercessions Sunday 21st June 2026

|                 |
|-----------------|
| <b>BAPTISMS</b> |
|                 |

| Sick                      | Sick             | Sick/Other needs |
|---------------------------|------------------|------------------|
| Maria Barrell             | Amelia Grace     | Sarah Hamilton   |
| Mark Adams                | Felicity         | Michael          |
| Lucy                      | Margaret Clayton | Maryam           |
| Roger Barrell             | Ollie Sutcliffe  | Sienna           |
| Joyce Rowell              | Tom Spence       | Ian              |
| Ann                       | Les Gibson       | John T           |
| Stan Conway               | Carole           | Helen            |
| Niraj                     | Pauline          | Gordon           |
| John                      | Joe              | Rowan            |
| Ritchie Robson            | Sharok           | Joyce Tindale    |
| Valsa                     | Ali Hsami        | Robert Reay      |
| Ruth                      | Kirsty           | Linda Richardson |
| Jennifer Elliott          | Elsie Johnson    |                  |
| Joe Huddleston            | Susan Gaddess    |                  |
| <b>Recently Departed:</b> |                  |                  |

### Anniversary of Death

|                          |                 |                      |
|--------------------------|-----------------|----------------------|
| Frank Hailes             | Robert Forster  | George Talbert Heron |
| Keith William Montgomery | Ollie Linnerman | Beryl Callum         |
| Dorothy Shaw             | Kathryn Naylor  |                      |
| Jessie Goodall           | Moira Hunter    |                      |

### Church

Please pray for our current Deanery vacancies  
 Bensham and Teams St. Chad  
 Eighton Banks St. Thomas  
 Gateshead St Edmund and St James and St Bede  
 Low Fell St Helen's

### Local Projects

Gateshead Care Homes, Bensham Food Co-op, Gateshead Food Bank, Oasis, Changing Lives. Kells Lane, Kelvingrove & St Aidan's Primary School

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## St Helen's Church - Monthly Diary June 2026

### Tuesday 2 June

**Chapter meeting** St John's Church 9.30am

**St Helen's PCC meeting** 6pm in the church hall

**Wednesday 3 June** St Helen's 12noon Eucharist NO SERVICE

*The Martyrs of Uganda 1885-7, 1977*

**Saturday 6 June** Pilgrimage to Holy Island

**Sunday 7 June** St Helen's 9.30am Eucharist *Revd Bill Rigby presiding*

11.30am Baptism Cleo Eve Gracie Johnson *Revd John Mayes presiding*

**St Chad's** 10.30am Eucharist *Revd Dorothy Snowball presiding*

**Wednesday 10 June** St Helen's 12noon Eucharist NO SERVICE

**Friday 12 June Social and Pastoral meeting** St Helen's Church Hall 11am

**Saturday 13 June Summer Fair** St Helen's Church Hall 1-3pm

**Sunday 14 June Family Service 2<sup>nd</sup> Sunday after Trinity** St Helen's 10am Service of the Word, followed by brunch in the church hall

**St Chad's** 10.30am Eucharist *Revd Margaret McKay presiding*

**Wednesday 17 June** St Helen's 12noon Eucharist *Revd Barry Abbott presiding*

*Samuel & Henrietta Barnett, social reformers, 1913 & 1936. Alban, first Martyr of Britain c.250*

**Saturday 20 June Grainger Singers** at St H

St Helen's 9.30am Eucharist *Revd Dorothy Snowball presiding***St Chad's** 10.30am Eucharist *Revd Barry Abbott presiding*

**Wednesday 24 June** St Helen's 12noon Eucharist – tbc

*The birth of John the Baptist*

**Sunday 28 June** St Helen's 9.30am Eucharist tbc

**St Chad's** 10.30am Eucharist *Revd Mike Dixon presiding*

**Tuesday 30 June St Helen's Anniversary Committee meeting** St Helen's Church hall 6pm

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**Morning Prayer/Evening Prayer Readings – 21<sup>st</sup> June  
3<sup>rd</sup> After Trinity (proper 7)**

| Day/ Date  | Morning Prayer  | Psalm    | Evening Prayer  |
|--|-----------------|----------|-----------------|
| Sunday 21 <sup>st</sup>  | Acts 27. 1-12   | 49       | Luke 14. 12-24  |
| Monday 22 <sup>nd</sup><br>Alban, first martyr<br>of Britain, c. 250         | Luke 15. 1-10   | 71       | Rom. 11. 25-end |
| Tuesday 23 <sup>rd</sup><br>Etheldreda, abbess<br>of Ely, c. 678             | Luke 15. 11-end | 73       | Rom. 12. 1-8    |
| Wednesday 24 <sup>th</sup><br>Birth of John The<br>Baptist                   | Luke 3. 1-17    | 50       | Matt. 11. 2-19  |
| Thursday 25 <sup>th</sup>  | Luke 16. 19-end | 78 v1-39 | Rom. 13. 1-7    |
| Friday 26 <sup>th</sup>  | Luke 17. 1-10   | 55       | Rom. 13. 8-end  |
| Saturday 27 <sup>th</sup><br>Cyril, bishop of<br>Alexandria, teacher,<br>444 | Luke 17. 11-19  | 76       | Rom. 14. 1-12   |

**TO DONATE TO ST HELEN'S please follow this link:**

**[St Helen's Low Fell Gateshead - A Church Near You](#)**



**Here is the QR code for St Helen's church website**

**To contact St Helen's church to book the church hall or for all enquiries  
please email: [office.sthelenschurch@gmail.com](mailto:office.sthelenschurch@gmail.com)**

**To make initial enquiries or book a baptism or a wedding please come  
along to a Sunday service – check our website for times.**