



Pastoral Letter and Church Notices
ST. HELEN'S CHURCH, LOW FELL

07.06.2026

First Sunday after Trinity

Readings

Genesis 12. 1-9

Romans 4. 13-end

Matthew 9. 9-13 + 18-26

Collect

God of truth,
help us to keep your law of love
and to walk in ways of wisdom,
that we may find true life
in Jesus Christ your Son.

Amen

Post Communion Collect

Eternal Father,
we thank you for nourishing us
with these heavenly gifts:
may our communion strengthen us in faith,
build us up in hope,
and make us grown in love;
for the sake of Jesus Christ our Lord.

Amen

A Prayer for Peace

We pray to you O God

the lover of all
for those whom we have named our enemies.
Deliver us from the hardness of heart that keeps us locked in confrontation.
Deliver us from the hatred that binds us in old ways.
Grant unto all your people the blessing of your love.
And grant unto us such transformation of our lives
that we make peace with our enemies
and that together we might make this world
a safer, kinder place for all.
In Christ's name we pray. Amen.

Safeguarding Contacts

***To discuss any safeguarding concerns please contact either
the Parish Safeguarding Churchwarden 07505105184
Concerns can also be raised with the Diocesan Safeguarding Advisor,
Mrs Beth Miller***

Email: beth@bethmillerisw.co.uk or beth.miller@durham.anglican.org

Mobile: 07968 034075.

St Helen's Church contacts:
Churchwardens: Helen Jones Mob: 07505 105184
Tony Gunning Mob: 0786 695115

Worship and notices week beginning Sunday 7th June 2026
Services and Prayer

St Helen's
Sunday 7th June 9.30am Eucharist
Revd Revd Bill Rigby presiding
(the baptism service at 11.30am will be taken by Revd John Mayes)

Wednesday 10th June
St Helen's Eucharist 12noon **NO SERVICE**

10.30am Eucharist on Sunday at Bensham and Teams,
St. Chad's
Revd Dorothy Snowball presiding

All are welcome to join in worshipping at St Helen's and St Chad's, we hope to see you soon. We will offer wafers and wine (optional) during the Eucharist and will, for the time being, stay in our places and share the Peace in non-physical ways.

There are services of morning and night prayer available on the website with attached readings and prayers. Alternatively, you may participate in worship with Songs of Praise BBC1 at 1.15pm or Morning Service with BBC Radio 4 at 8.10am, or on line each weekday and Sunday via Durham Cathedral worship online www.durhamcathedral.co.uk

Prayer and Evening Prayer

We usually meet each Wednesday, Friday and Sunday morning for morning prayer in church, you are welcome to join us from 8.45am, to begin at 9am, and at 3.45pm, to begin at 4pm.

Visit from Archdeacon Katherine

The PCC were very pleased to meet with Archdeacon Katherine at their meeting last week. She discussed the process used in the Diocese for appointing a new priest and the support the parish would receive. She also answered questions from PCC members. Archdeacon Katherine will be visiting us over the summer to take a service.

Lay Assistants and Intercessors.

We are looking for more volunteers to take on these important roles in our services. If you are interested please speak to one of the churchwardens.

Embrace the Middle East

As we no longer receive a hard copy of the magazine from Embrace the Middle East, please follow this link to read the newsletter and view other resources.

[Resources from Embrace — Embrace the Middle East](#)

Bishop of Durham – Installation Sunday 7 June

Rick Simpson will be installed as Bishop of Durham on Sunday 7 June at 3pm at Durham Cathedral. For tickets and further information, please follow this link:

<https://durhamcathedral.ticketsolve.com/ticketbooth/shows/1173666562>

The service will also be live-streamed via Durham Cathedral's You Tube channel.

Visit to St Helen's – The Bishop of Durham will attend the service at St Helen's on 20 September. Bishop Rick will meet the congregation, bless the new church doors and celebrate our 150th Anniversary. *Further details will follow*

St Helen's Social and Pastoral Committee meeting 12 June

The next meeting of the Social and Pastoral Committee is on Friday 12 June at 11am in the church hall. Everyone is welcome to join us.



**Saturday 20 June
Grainger Singers at
St Helen's Church from 7pm**

**Tickets £8 available on the door on the night
Raffle and Light Refreshments during the interval
Offers of raffle prizes would be much appreciated. Thank you**



Saturday 13 June – St Helen's Summer Fair 1-3pm

Please join us, everyone is welcome

Stalls include

**Home crafted cards
Jams & Preserves
Kiddies Corner
Tombola
Handicrafts**

**Handicrafts
Bake and Cake Stall
Plants
Raffle
Preloved Toys & Games**

Refreshments

Donations of cakes and raffle items would be much appreciated

Wednesday Warm Welcome Drop In at St Helen's

Every Wednesday morning 10am-12noon - there will be tea and coffee freely available and a warm welcome at St Helen's church hall for any who wish to come in for a cuppa and a chat, or who simply want a warm space to relax in for a few hours.

No need to be at home alone, you will be made welcome at St. Helen's. We are pleased to be part of Gateshead Council's Warm Spaces Charter.

There will be a variety of opportunities on offer for you to join in with if you come along to this Drop In.

Crafts

You are welcome to join us for crafts and projects in the Warm Welcome Drop In from 10am. each Wednesday in the hall. Everyone is welcome.



**Come and join us for
Coffee and Company at
St Helen's Church Hall**

**Sundays from 10.30am to 12noon.
Everyone is Welcome**



St Helen's Toddler Group

St Helen's now has a thriving toddler group which meets every Friday afternoon from 1pm-3pm. It is very much appreciated by families, carers and, of course, the children.

Joan and Elaine have helped this group to grow, offering a warm welcome and building relationships with all who come along.

We would really value more help for this group, if you might have a couple of hours to spare on a Friday afternoon and are interested to volunteer, please be in touch via email:

office.sthelenschurch@gmail.com

Do please also remember the ministry to family and young people in your prayers.

Thursday Luncheon Club at St. Chad's Rawling Road Bensham

Thursday Luncheon Club Time 11am -1pm

Join us each Thursday for a freshly cooked two course lunch Cost £6.00

Tea, coffee and biscuits on arrival

Each week there is a quiz, coffee and a game of bingo.

A chance to meet people and enjoy different company. All are welcome

Contact Ron Bellinger 078470967



Dear Supporters,

This week we have seen 92 people choosing food at the Food Coop on a Tuesday morning. This number represents 56 families/couples and 36 single persons (142 adults and 95 children). Donations were received from several local churches, two primary schools and individual supporters. Many thanks for all these

donations and to all who help deliver the items to Corpus Christi in time for the session. It is very much appreciated by the volunteers and our members.

Every week we receive an allocation from Fareshare. We are sent a dispatch note, but the content is always a surprise and something that the volunteers look forward to. This week we received potatoes, onions, oranges, large white cabbages and an assortment of milkshakes and dairy free milk. This, in addition to the donations, ensure all members receive a variety of food each week.

With thanks for your continued commitment.

Kind regards, Kath

THE PARISH GIVING SCHEME A BETTER WAY TO GIVE

Are you able to contribute financially each month to ensure our church's abiding presence in this place and enable our mission and ministry to continue and grow?

Many enjoy our free toddler group, our breastfeeding mums group and our Wednesday warm welcome drop in. Your support is valued.

The Church of England, in the Diocese of Durham, has a vision to Bless our Communities in Jesus's name for the transformation of us all. This means having a Christian presence in all our communities.

In turn, your church blesses our community by sharing our faith and values, in worshipping together in our wonderful buildings. For the Church to grow and plan for the future we rely on your regular gifts.

If you would like to consider joining the Parish Giving scheme, which runs as a monthly direct debit, please see **Tony Gunning Churchwarden**

QR CODES ON OUR WEBSITE AND A CHURCH NEAR YOU [St Helen's Low Fell Gateshead - A Church Near You](#)

Our Christian Giving

We express our Christian Discipleship in part through the financial support of our Church Family. The life, work, witness, and ministry of our Parish costs £762.00 every week, our weekly income does not currently reflect this. If you value the witness, worship, and support that we offer please help us to enable this to continue by giving generously.

Forms to set up regular giving can be found near the church door or from office.sthelenschurch@gmail.com

One-off donations are always welcomed, no matter how big or small, and can be deposited by electronic transfer to St Helen's bank account: **Sort code. 20-33-51 Account number 70684449 Account name. P.C.C. of St. Helen's** or into the in-wall church deposit box, by the door. Thank you.

Intercessions Sunday 7th June 2026

BAPTISMS

Sunday 7 June Please pray for Cleo Eve Gracie Johnson on the occasion of her baptism. Also, please pray for her family and friends.

Sick	Sick	Sick/Other needs
Maria Barrell	Amelia Grace	Sarah Hamilton
Mark Adams	Felicity	Michael
Lucy	Margaret Clayton	Maryam
Roger Barrell	Ollie Sutcliffe	Sienna
Joyce Rowell	Tom Spence	Ian
Ann	Les Gibson	John T
Stan Conway	Carole	Helen
Niraj	Pauline	Gordon
John	Joe	Rowan
Ritchie Robson	Sharok	Joyce Tindale
Valsa	Ali Hsami	Robert Reay
Ruth	Kirsty	
Jennifer Elliott	Elsie Johnson	
Joe Huddleston	Susan Gaddess	
Recently Departed:		

Anniversary of Death

Don Marshall	William Hailes	Enid Soper
Thomas Bell Small	Alan Hutchinson	
Wilf Ward	Sylvia Giles	
Lily Jones (Snr)	Bill Taylor	

Church

Please pray for our current Deanery vacancies
Bensham and Teams St. Chad
Eighton Banks St. Thomas
Gateshead St Edmund and St James and St Bede
Low Fell St Helen's

Local Projects

Gateshead Care Homes, Bensham Food Co-op, Gateshead Food Bank, Oasis, Changing Lives. Kells Lane, Kelvingrove & St Aidan's Primary School

St Helen's Church - Monthly Diary June 2026

Tuesday 2 June

Chapter meeting St John's Church 9.30am

St Helen's PCC meeting 6pm in the church hall

Wednesday 3 June St Helen's 12noon Eucharist NO SERVICE

The Martyrs of Uganda 1885-7, 1977

Saturday 6 June Pilgrimage to Holy Island

Sunday 7 June St Helen's 9.30am Eucharist *Revd Bill Rigby presiding*

11.30am Baptism Cleo Eve Gracie Johnson *Revd John Mayes presiding*

St Chad's 10.30am Eucharist *Revd Dorothy Snowball presiding*

Wednesday 10 June St Helen's 12noon Eucharist NO SERVICE

Friday 12 June Social and Pastoral meeting St Helen's Church Hall 11am

Saturday 13 June Summer Fair St Helen's Church Hall 1-3pm

Sunday 14 June Family Service 2nd Sunday after Trinity St Helen's 10am followed by brunch in the church hall *Priest to be confirmed*

St Chad's 10.30am Eucharist *Revd Margaret McKay presiding*

Wednesday 17 June St Helen's 12noon Eucharist *Revd Barry Abbott presiding*

Samuel & Henrietta Barnett, social reformers, 1913 & 1936. Alban, first Martyr of Britain c.250

Saturday 20 June Grainger Singers at St H

St Helen's 9.30am Eucharist *Revd Dorothy Snowball presiding* **St Chad's** 10.30am Eucharist
Revd Barry Abbott presiding

Wednesday 24 June St Helen's 12noon Eucharist – tbc

The birth of John the Baptist

Sunday 28 June St Helen's 9.30am Eucharist tbc

St Chad's 10.30am Eucharist *Revd Mike Dixon presiding*

**Tuesday 30 June St Helen's Anniversary Committee meeting St Helen's Church hall
6pm**

Morning Prayer/Evening Prayer Readings – 7th June 2026

1st Sunday After Trinity (Proper 5)

Day/ Date	Morning Prayer	Psalm	Evening Prayer
Sunday 7 th	Acts 22. 22 – ch.23 v11	38	Luke 8. 41-59
Monday 8 th Thomas Ken, bishop of Bath & Wells, hymn writer, 1711	Luke 12. 1-12	30	Rom. 7. 1-6
Tuesday 9 th Columba, abbot of Iona. Missionary, 597; Ephrem of Syria, hymn writer, teacher, 373	Luke 12. 13-21	36	Rom. 7. 7-end
Wednesday 10 th	Luke 12. 22-31	34	Rom. 8. 1-11
Thursday 11 th Barnabas the Apostle	Acts 4. 32-end	100	Acts 9. 26-31
Friday 12 th	Luke 12. 41-48	31	Rom. 8. 18-30
Saturday 13 th	Luke 12. 49-end	42	Rom. 8. 31-end

TO DONATE TO ST HELEN'S please follow this link:

[St Helen's Low Fell Gateshead - A Church Near You](#)



Here is the QR code for St Helen's church website

**To contact St Helen's church to book the church hall or for all enquiries please email:
office.sthelenschurch@gmail.com**

**To make initial enquiries or book a baptism or a wedding please come along to a
Sunday service – check our website for times.**